

# How many pills have you missed?\*

**Up to two,**  
anywhere in the pack (only **one** if taking the pills Loestrin 20, Mercilon or Femodette).

Take the last pill you missed now.  
Take the rest of the pack as usual.  
Leave the earlier missed pill.  
No additional contraception needed.

**Three or more,**  
(**two** if taking the pills Loestrin 20, Mercilon or Femodette).

Take the last pill you missed now.  
Take the rest of the pack as usual.  
Leave any earlier missed pills.  
Use an extra method of contraception for the next seven days.  
If you have had unprotected sex in the previous few days, you may need emergency contraception. Seek advice.

## How many pills are left in the pack after the missed pill?

**Seven or more**

Finish pack, have the usual seven day break or take the placebo tablets.

**Less than seven**

Finish pack and begin new one the next day.  
(This means missing out the break or not taking the placebo tablets.)

*\*If you miss pills and have also missed pills in your previous packet, speak to your doctor or nurse as you may need emergency contraception.*